

July 2018

School's Out Cafe

LUNCH



This institution is an equal opportunity provider

Menu is subject to change without notice



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

Site closed this week

2

3

4

5

6

Super Nachos
Assorted Fruits and Veggies
Graham Crackers
Milk

9

Hamburgers
French Fries
Assorted Fruits
Milk

10

Field Trip to volleyball courts by the pool
Hotdogs
Watermelon
Fresh Baby Carrots
Milk

11

Stuffed Breadsticks
Marinara
Assorted Fruits and Veggies
Milk

12

Site Closed
See You on Monday

13

Popcorn Chicken
Buttered Bread
Assorted Fruits and Veggies
Milk

16

Pancakes
Sausage
Hashbrown Pattie
Oranges
Milk

17

Homemade Mac & Cheese
Green Beans
Buttered Bread
Assorted Fruits
Milk

18

Pizza
Lettuce Salad
Assorted Fruits
Milk
Music of the Mississippi sponsored by Slayton Public Library

19

Site Closed
See You on Monday

20

Hot Cheesy Turkey
Sweet Potato Tots
Assorted Fruits
Milk

23

Mr. Rib on a Bun
Coleslaw
Fruit Choices
Milk
Pillow Case Project sponsored by the American Red Cross

24

Field Trip To the ball fields
Sack Lunch Today

25

Salisbury Steak
Mashed Potatoes with Gravy
Assorted Fruits
Milk

26

Site Closed
See You on Monday

27

Field Trip to Gullard Park

30

Sack Lunch Today

Global Games sponsored by Slayton Public Library

Tacos
Corn
Fruit Choices
Milk

31

August 1
Beef Fingers
Scalloped Potatoes
Buttered Bread
Assorted Fruits
Milk

August 2

Chicken Pattie on a Bun
Assorted Fruits & Veggies
Milk

